

GUIDE TO SIZING

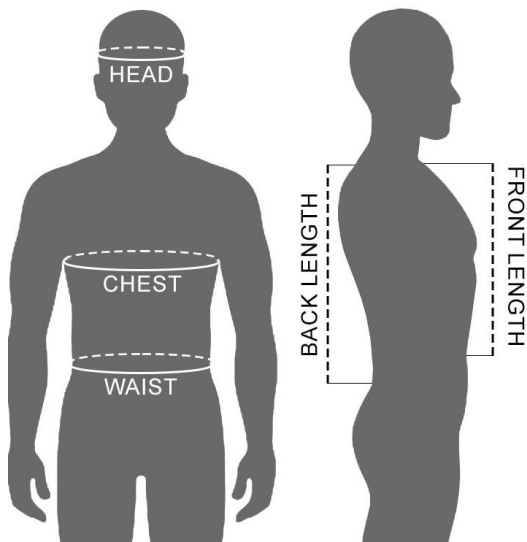
Body Armour

Consider the clothing worn during typical duties. For bulky items, measure whilst wearing to ensure best fit. Body armour is ergonomically designed to sit around the belly button +/- 1 inch. This is the ideal position allowing the body to bend to sit or crouch.

TIP: Please consider the clothing that will be worn during typical duties in your body armour.

Ballistic Helmet

Take the measurement from the forehead extending the tape measure all the way around your head.



SIZING FORM (MALE AND FEMALE)

Name	
Organisation	
Rank	
Telephone Number	
Email	

	cm	inches
Height		
Largest chest circumference		
Inner chest (arms out front, measure between)		
Largest waist/ stomach circumference		
Front length (standing) jugular to navel		
Front length (sitting) jugular to belt		
Back length (standing) 7 th vertebrae to belt		
Largest head circumference		

Weight	
Bra Size	

I declare that the sizes above are correct

Signed	
Dated	

VEST SIZES Inches (cm)				
	Chest	Waist	Front Length	Back Length
S	34-38 (86-96)	26-30 (66-76)	13 (33)	17 (43)
M	38-43 (96-109)	30-34 (76-86)	14 (35)	18 (46)
L	43-46 (109-116)	34-38 (86-96)	15 (38)	19 (48)
XL	46-48 (116-122)	38-42 (96-107)	16 (40)	20 (51)
XXL	48-50 (122-127)	42-46 (107-117)	16.5 (42)	20.5 (52)
XXXL	50-52 (127-132)	46-50 (117-127)	17 (43)	21 (53)
XXXXL	52-53 (132-135)	50-53 (127-137)	17.5 (44)	21.5 (54)

	MICH Inches (cm)	PASGT/SF Inches (cm)
S	20.5-21.6 (52-55)	20.5-21.2 (52-54)
M	21.6-22.8 (55-58)	21.2-22.8 (54-58)
L	22.8-23.6 (58-60)	22.4-23.6 (57-60)
XL	24.0-25.2 (61-64)	23.6-25.2 (60-64)

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